School Counselors and Black Male Student-Athletes: Enhancing College and Career Readiness

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Today’s Agenda

- Your experiences
- Historical perspective
- College and Career Readiness
- Theoretical Framework
- 3 Key Steps
What has been your experience working with Black male student-athletes?
_________ was the first Black boxer to fight for the heavyweight title.
A) Muhammad Ali  
B) Tom Molineaux  
C) Jack Johnson  
D) Mike Tyson
“...the beginning of a historic timeline of the black presence on the large stage of professional sport” (Rhoden, 2006, p. 36)
Black Males’ Sport Participation

- Dates back before the Civil War
- Deemed unfit to compete with Whites
- Desegregation in sports
- Current representation in professional sports
- Increased channeling into sports
College graduates earn approximately __________ more over their lifetimes than those with only a high school diploma.
A) $1 million
B) $100,000
C) $10,000
D) $500,000
Benefits of College Degree

- Better physical health
- Positive mental health
- Better use of preventive health care
- Better quality of life
National College Graduation Rates

2010

BLACK MALES: 33.1%
BLACK FEMALES: 44.8%
ALL STUDENTS: 57.3%

SOURCE: US DEPT OF EDUCATION
8 Components of College/Career Readiness Counseling (NOSCA)

- College Aspirations
- Academic Planning for College and Career Readiness
- Enrichment and Extracurricular Engagement
- College and Career Exploration and Selection Process
- College and Career Assessments
- College Affordability Planning
- College and Career Admissions Processes
- Transition from High School Graduation to College Enrollment
College Readiness Indicators

- Content knowledge and basic skills
- Core academic skills
- Non-cognitive skills and norms of performance
- College knowledge
__________ are perceived as the primary gatekeepers to advanced courses while in high school.
A) Parents
B) Teachers
C) School Counselors
D) Coaches
Generally, student-school counselor interaction gives an advantage in the college application process.
This theory is known for its applicability to diverse populations and is particularly useful in addressing performance attainment and persistence in overcoming obstacles. 

A) Super’s Life Span, Life Space Theory
B) Social Cognitive Career Theory
C) Holland’s theory
D) Gottfredson’s Theory
Social Cognitive Career Theory

- Career Interventions are directed toward:
  - self-efficacy beliefs
  - Forces Shaping Self-Efficacy Beliefs (Bandura)
    - Personal performance accomplishments
    - Vicarious learning
    - Social persuasion
    - Physiological states and reactions
  - outcome expectations
3 Key Steps

- Communicate
- Coordinate
- Calibrate
Communicate

- Mission
- Data regarding successes
- Data regarding the remaining challenges
  - Specific to school
- Evidence-based practices
  - African-American Male Initiative
  - Gentlemen on the Move
  - Bell National Resource Center
- Recruit
Coordinate

- Organize or integrate diverse elements/people in the intervention
Resistance

- Types
  - The direct block
  - “Yes, but..”

- Causes of Resistance
  - Habit strength
  - Too much work
  - Philosophical belief conflicts
  - Psychological deficits within participant
  - Lack of skills/self-efficacy
Overcoming Resistance

- Reducing the threat
- Establish a clear plan
- Stay with it
How are students different as a result of what we do?
Questions/Comments
Thank you for coming!

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